

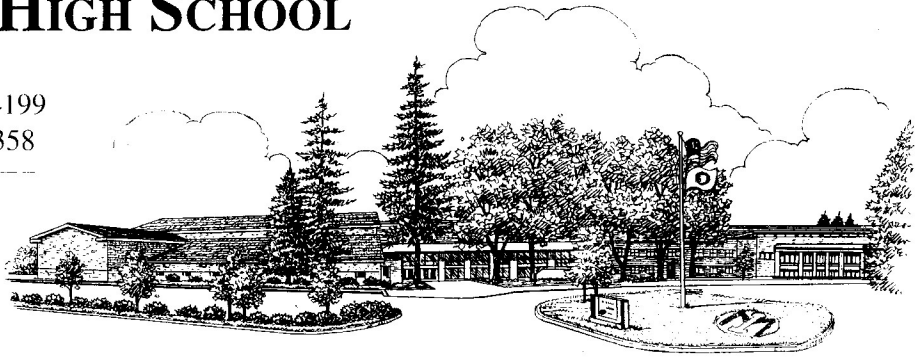
MERCER ISLAND HIGH SCHOOL

9100 SE 42nd Street
Mercer Island, Washington 98040-4199
(206) 236-3345 • FAX (206) 236-3358

Dr. Paul Highsmith, Principal

Donna L. Zickuhr, Principal

Craig Olson, Associate Principal



Hello MIHS student! I am your school nurse, Mrs. Dunne. I hope I can help make your time here safe and healthy! To do that I need some information from you. Please consider these following sections:

EMERGENCY INFORMATION/STUDENT REGISTRATION FORM: At MIHS we are committed to being prepared in the event of any emergency and accurate emergency information is an important part of this task. Give the registrar your parent/guardian's accurate work phone numbers, including beeper and cell phone numbers, hospital/physician phone numbers, and emergency contact phone numbers. If those numbers change, let the Registrar know immediately. Remember that an "emergency contact" should be someone local, who is willing to pick you up if your parent/guardian is unavailable. Also, complete the "Health Information" section of the (brown) Registration Form, and be sure to have your parent/guardian sign it. This allows and assists us to secure medical care for you in case of an emergency.

IMMUNIZATION STATUS (green & white card): In the State of Washington, you must have a Certificate of Immunization Status (CIS) form completed BEFORE you are allowed to attend school. Completed CIS means:

- 1) Full immunization status—which includes documentation of these vaccines on the CIS form:
 - 4 doses DTP (diphtheria, tetanus, pertussis) vaccine, last dose on/after 4th birthday.
 - 3 doses OPV (Oral Polio Vaccine), last dose on/after 4th birthday.
 - 2 doses MMR (measles, mumps, rubella) on/after the 1st birthday and at least 30 days apart. *
- * (Lab evidence of immunity for measles, mumps, rubella may be substituted for vaccines.)

****OR****

- 2) A signed Exemption: see "parent/guardian signature" on back of the CIS form – *but read the fine print!*
"In the event of an outbreak of vaccine preventable disease for which your child is exempt, your child can be excluded from attendance at school for the duration of the outbreak." Exemptions include:
 - 1) Medical Exemption – requires a physician's signature.
 - 2) Personal or Religious Exemption – requires a parent or guardian signature.

To update your CIS form, call me at (206) 236-3377 and leave your name and the date of the vaccine you received.

MEDICATIONS: MIHS is a drug-free school. If you plan to take any medications at school (includes prescribed or over-the-counter), your parents & physician must first complete a district-approved Medication Authorization Form. This is for your protection. To request that a copy of this form to be mailed to your parents, call 236-3377, and leave your address.

EMERGENCIES AT SCHOOL: 911 will be called for emergencies. If you have a life-threatening allergy or asthma, please notify me as soon as possible to work out a plan of action.

HEALTH CONCERNS: Health information is **confidential**. Staff are notified only if concerns may affect your health or performance in class. To report changes you may leave me a confidential message at (206) 236-3377.

HEALTH ROOM: The health room is in the Counseling Center. You may rest or call home if you are ill. No medication is available except as prescribed (see above – MEDICATIONS). In general, only 1 hour of class time should be spent in the health room. I am only in the building on a part-time basis; you can find my schedule on the door. I look forward to serving you!